



OCCUPATIONAL MODULE: TRAINING AT WORK LEARNING PROGRAMME

ANEXO 12

EDUCATIONAL CENTRE: IES PINTOR ANTONIO LÓPEZ TUTOR OF THE MODULE OF TRAINING IN COMPANIES: ISABEL MOZÚN BORLAZ	COMPANY: CET (COMMUNITY ENVIRONMENTAL TRUST). TUTOR IN THE COMPANY: ALICIA GRANDE CRISTÓBAL.
VOCATIONAL FAMILY: PHYSICAL AND SPORTS ACTIVITIES TRAINING PERIOD: FROM 31- MARCH -2013 TO 10-JUNE -2013.	VOCATIONAL TRAINING PROGRAMME: ANIMATION OF PHYSICAL AND SPORTS ACTIVITIES

FINAL CAPACITIES	TRAINING AND PRODUCTIVE ACTIVITIES	ASSESSMENT CRITERIA
<ul style="list-style-type: none"> Follow supervisor's guidelines. Establish the programme of activities in which you are going to take part (according to the characteristics and functions of the company). 	<ul style="list-style-type: none"> ✓ Carrying out drills which make student increase and assimilate knowledge and skills: • To assist the Project Officer with the delivery of Outreach Forest School sessions. • To help organizing the Sports Week, mini-Olympics and other activities in schools. • To co-lead healthy walks as part of the Project "Be active". To support CVCHA wardens with the delivery of evening walks. • To organise after school activities for Young people aged 8-13. • To support CVCRS Youth boxing sessions with young people. To propose new sports. • To promote healthy lifestyles by encouraging more cycling and promoting cycling routes. To lead bike rides • To propose new projects to promote healthier life styles. To support weekend events to encourage the benefits of the outdoors. 	<ul style="list-style-type: none"> ✓ Identify and describe the specific aims, services, sports and physical activities which are offered by the company. ✓ Learn how to use and select the different program activities, the sports facilities, the sports equipment, the classification of the users, etc. ✓ Draw up the plan of activities which should be performed each session (i.e. objectives, drills, tasks, timing, methodologies, sports equipment and facilities), in order to assure their best achievement. ✓ Prepare the required sports equipments that will be used to perform activities, and hand them out to the participants (be sure to take the characteristics of sports facilities into account). ✓ Help users/clients to feel motivated and cared for. ✓ Report on: objectives and aspects of the session, as well as safety rules which must be observed. ✓ Organize groups in the most suitable way, according to both available time and resources. ✓ Communicate clearly and efficiently. ✓ Adapt the message to the task which will be performed. ✓ Correct performance mistakes and point out their causes. ✓ Manage the session in a pleasant and enjoyable way. ✓ Encourage the participation of all the members of the group. ✓ Solve unforeseen events related with facilities, equipment and users; and inform the supervisor of it.

FINAL CAPACITIES	TRAINING AND PRODUCTIVE ACTIVITIES	ASSESSMENT CRITERIA
<ul style="list-style-type: none"> • Teach and animate sports activities for individuals or teams, and using sports equipment • Act independently and responsibly with the appointed group by integrating in the working group. 	<ul style="list-style-type: none"> • To support swimming and cricket lessons (occasional weekends) • To support PE lessons within the schools • To assist with the delivery of indoor/outdoor activities for PHAB (children with disabilities). • To support Extend classes (fitness for the elderly) within several community centers and care home ✓ Making up and programming drills, sports facilities and equipment. ✓ Observation, monitoring and performing drills; whereas student realise the didactic methodology (objectives, timing of drills, methods and assessment) ✓ Implementation of the company programme in a real learning and teaching framework. ✓ Carrying out drills focus on gaining enough skills to solve unforeseen events in an autonomous way. ✓ Collaboration with recreational physical activities which the company organizes, even on holidays. 	<ul style="list-style-type: none"> ✓ Became aware of signs and signals about fatigue, tiredness, boredom, discouragement, etc. ✓ Adapt the kind, duration and intensity of exercises and games for group dynamics. ✓ Pay attention to injured people, following basic first aid rules. ✓ Prepare sports facilities to the following activities. Report to the supervisor about aspects related with the development of the session and the events that took place. ✓ Be always punctual. ✓ Manage and carry out on his/her own initiative and diligent in given instructions. ✓ Be responsible for assigned work. ✓ Assume work rules and methods, taking part in additional activities such as conference, informative meetings, events, etc. ✓ Observe internal rules of the working centre, regarding secure terms, equipment and facilities use, established timetable, etc. ✓ Keep a fluent and proper relationship with users/customers and working group. ✓ Focus user's requirements and suggestions on the proper way ✓ Coordinate his/her activity with the rest of the working group, reporting on any changes, needs, or eventuality. ✓ Determine the impact of his/her work on the activities and achievement objectives. ✓ Adapt his/her personal image and language to the framework and the characteristics of the activities which should be carried out.

TRES CANTOS, 28 OF FEBRUARY OF 2013.

THE TUTOR-TEACHER:

THE TUTOR IN THE COMPANY

FDO: ISABEL MOZÚN BORLAZ.

FDO: ALICIA GRANDE CRISTÓBAL.