



## OCCUPATIONAL MODULE: TRAINING AT WORK LEARNING PROGRAMME

## ANEXO 12

EDUCATIONAL CENTRE: IES PINTOR ANTONIO LÓPEZ	COMPANY: DAN FIVEY PERSONAL TRAINING
TUTOR OF THE MODULE OF TRAINING IN COMPANIES: ISABEL MOZÚN BORLAZ	TUTOR IN THE COMPANY: DAN FIVEY
VOCATIONAL FAMILY: PHYSICAL AND SPORTS ACTIVITIES	
VOCATIONAL TRAINING PROGRAMME: ANIMATION OF PHYSICAL AND SPORTS ACTIVITIES	
TRAINING PERIOD: FROM 02-APRIL-2013 TO 12-JUNE -2013.	

FINAL CAPACITIES	TRAINING AND PRODUCTIVE ACTIVITIES	ASSESSMENT CRITERIA
<ul style="list-style-type: none"> <li>Follow supervisor's guidelines.</li> <li>Establish the programme of activities in which you are going to take part (according to the characteristics and functions of the company).</li> </ul>	<ul style="list-style-type: none"> <li>✓ Carrying out drills which make student increase and assimilate knowledge and skills.</li> <li>✓ Making up and programming drills, sports facilities and equipment.</li> <li>✓ Observation, monitoring and performing drills; whereas student realise the didactic methodology (objectives, timing of drills, methods and assessment)</li> <li>✓ Implementation of the company programme in a real learning and teaching framework.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Identify and describe the specific aims, services, sports and physical activities which are offered by the company.</li> <li>✓ Learn how to use and select the different program activities, the sports facilities, the sports equipment, the classification of the users, etc.</li> <li>✓ Draw up the plan of activities which should be perform each session (i.e. objectives, drills, tasks, timing, methodologies, sports equipment and facilities), in order to assure their best achievement.</li> <li>✓ Prepare the required sports equipments that will be used to perform activities, and hand them out to the participants (be sure to take the characteristics of sports facilities into account).</li> <li>✓ Help users/clients to feel motivated and cared for.</li> <li>✓ Report on: objectives and aspects of the session, as well as safety rules which must be observed.</li> <li>✓ Organize groups in the most suitable way, according to both available time and resources.</li> <li>✓ Communicate clearly and efficiently.</li> <li>✓ Adapt the message to the task which will be performed.</li> <li>✓ Correct performance mistakes and point out their causes.</li> <li>✓ Manage the session in a pleasant and enjoyable way.</li> <li>✓ Encourage the participation of all the members of the group.</li> <li>✓ Solve unforeseen events related with facilities, equipment and users; and inform the supervisor of it.</li> </ul>

FINAL CAPACITIES	TRAINING AND PRODUCTIVE ACTIVITIES	ASSESSMENT CRITERIA
<ul style="list-style-type: none"> <li>• Teach and animate sports activities for individuals or teams, and using sports equipment</li> <li>• Act independently and responsibly with the appointed group by integrating in the working group.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Carrying out drills focus on gaining enough skills to solve unforeseen events in an autonomous way.</li> <li>✓ Collaboration with recreational physical activities which the company organizes, even on holidays.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Became aware of signs and signals about fatigue, tiredness, boredom, discouragement, etc.</li> <li>✓ Adapt the kind, duration and intensity of exercises and games for group dynamics.</li> <li>✓ Pay attention to injured people, following basic first aid rules.</li> <li>✓ Prepare sports facilities to the following activities.</li> <li>Report to the supervisor about aspects related with the development of the session and the events that took place.</li> <li>✓ Be always punctual.</li> <li>✓ Manage and carry out on his/her own initiative and diligent in given instructions.</li> <li>✓ Be responsible for assigned work.</li> <li>✓ Assume work rules and methods, taking part in additional activities such as conference, informative meetings, events, etc.</li> <li>✓ Observe internal rules of the working centre, regarding secure terms, equipment and facilities use, established timetable, etc.</li> <li>✓ Keep a fluent and proper relationship with users/customers and working group.</li> <li>✓ Focus user's requirements and suggestions on the proper way</li> <li>✓ Coordinate his/her activity with the rest of the working group, reporting on any changes, needs, or eventuality.</li> <li>✓ Determine the impact of his/her work on the activities and achievement objectives.</li> <li>✓ Adapt his/her personal image and language to the framework and the characteristics of the activities which should be carried out.</li> </ul>

TRES CANTOS, 27 OF FEBRUARY OF 2013.

THE TUTOR-TEACHER:

THE TUTOR IN THE COMPANY

FDO: ISABEL MOZÚN BORLAZ.

FDO: DAN FIVEY